

29th August 2017

Dear Parents,

On Thursday, 31st August, we will have our last food experience for this Inquiry unit. We will be trying food from Japan. The children will have a go at rolling their own sushi roll. They will also have the chance to try miso soup. Please let me know if your child is **not allowed** to try a sushi roll or miso soup for any reason.

Thanks

Donna Denize-Crowhurst



Sushi Roll

The Ingredients are:

Sushi : sushi rice, nori, teriyaki chicken, cucumbers, carrots, lettuce (vegetarian is possible by omitting the chicken option).

Teriyaki sauce : sugar, soy sauce, cooking sake, cooking sweet sake

Miso soup : Kumara, tofu, miso and Wakame seaweed