

ATHLETICS DAY

9.15am

9.45am

10.15am

10.45

11.00am

11.30am

12.00pm

12.30

	1	2	3		4	5	6
7 Yr Girls & Boys	80m	Skills Activities	Obstacle		100m	Potato & Spoon	Fitness Trail
8 Yr Boys	Obstacle	80m	Skills Activities		Fitness Trail	100m	Potato & Spoon
8 Yr Girls	Skills Activities	Obstacle	80m		Potato & Spoon	Fitness Trail	100m
9 Yr Boys	Long Jump	Fun Relays	60m		High Jump	100m	Softball Throw
9 Yr Girls	80m	High Jump	Softball Throw		100m	Long Jump	Fun Relays
10 Yr Boys	80m	Softball Throw	High Jump		100m	Fun Relays	Long Jump
10 Yr Girls	High Jump	80m	Fun Relays		Long Jump	Softball Throw	100m
11 Yr Boys	Fun Relays	80m	Long Jump		Softball Throw	High Jump	100m
11 Yr Girls	Softball Throw	Long Jump	80m		Fun Relays	100m	High Jump

Interval will be 10.45-11.00. Please ensure that at the end of round 2 children know where they are to go after morning interval for the start of round 4. Lunch will be 12.30-1.15 for **all** the school.

Children need to return to classes for the roll straight after lunch, then assemble at the flagpole in houses asap.