

Order online by 9am
for delivery Tuesday

eZlunch MENU

Sunnyhills School / Term 4 2018



491 Pakuranga Rd
Pakuranga
09-5341629

KIDS PLAIN PETITA PITA

Kids Petita Free Range Chicken	\$5.50
Kids Petita Free Farmed Ham	\$5.50
Kids Petita Roast Beef	\$5.50
Kids Petita Garden Veggie	\$5.50
Kids Petita Marmite	\$5.50
Kids Petita Vegemite	\$5.50

KIDS WHOLEMEAL PETITA PITA

Kids Wholemeal Petita Free Range Chicken	\$5.50
Kids Wholemeal Petita Free Farmed Ham	\$5.50
Kids Wholemeal Petita Roast Beef	\$5.50
Kids Wholemeal Petita Garden Veggie	\$5.50
Kids Wholemeal Petita Marmite	\$5.50
Kids Wholemeal Petita Vegemite	\$5.50

KIDS GLUTEN FREE PETITA PITA

Kids GLUTEN FREE Petita Free Range Chicken	\$7.00
Kids GLUTEN FREE Petita Free Farmed Ham	\$7.00
Kids GLUTEN FREE Petita Roast Beef	\$7.00
Kids GLUTEN FREE Petita Garden Veggie	\$7.00
Kids GLUTEN FREE Petita Marmite	\$7.00
Kids GLUTEN FREE Petita Vegemite	\$7.00

PETITA SALAD BOX

Free Range Chicken Petita Salad Box	\$10.90
Free Farmed Ham Petita Salad Box	\$10.90
Chick n Fala Petita Salad Box	\$11.50
Chicken Caesar Petita Salad Box	\$11.50
Roast Beef Petita Salad Box	\$10.90
Roast Lamb Petita Salad Box	\$11.50
Grilled Steak Petita Salad Box	\$11.50
Garden Veggies Petita Salad Box	\$9.50
Falafel Petita Salad Box	\$10.90
Polenta & Super Grain Petita Salad Box	\$10.90
Sweetcorn Coriander & Chilli Petita Salad Box	\$10.90
Beetroot Feta & Mint Petita Salad Box	\$10.90

SIDES

Cookie Baked Chunky Chip 60g	\$2.00
Cookie Baked Raspberry White Chocolate 60g	\$2.00
Brownie Chocolate Fudge GLUTEN FREE	\$2.80
Pita Chips with Aioli Dipping Sauce (large)	\$3.90

DRINKS

Charlies 650ml Spring Water	\$4.00
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Order online... www.ezlunch.co.nz

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toll free 0800 EZLUNCH (09-869 5200)
8am-4pm Mon-Fri (except public holidays)

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Thur. Fri

eZlunch MENU

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242 Marua Road
Mt Wellington
Auckland
09-579 5499

WARM MAINS

Beef Burger	\$6.80
Macaroni Cheese	\$6.30
Gluten Free Macaroni Cheese	\$7.20
Spaghetti Bolognese	\$6.90
Butter Chicken on rice	\$6.90
Mild Chillli Bean Nachos (large) with optio...	\$5.90
Lasagne	\$6.90
Gluten Free Beef Lasagne	\$8.00
Oven Baked Spring Rolls with Soya Sauce	\$4.50
Jesters Pie	\$5.70
Butter Chicken Jesters Pie	\$5.70
Gluten Free Jesters Pie	\$7.20
Sausage Roll - Baked Fresh Daily	\$3.60
Vegetarian Sausage Roll	\$3.00
Noodles (Vegetarian)	\$4.60
Noodles (Free Range Chicken)	\$5.60
Egg Fried Rice	\$5.60
Samosa (Vegetarian or Chicken) - single	\$3.20
Samosas x2 (Vegetarian or Chicken)	\$6.00
Pork, Chive, Prawn Dumplings (4 pieces)	\$5.80
BBQ Pork Bun (1) with side salad	\$6.70

COLD MAINS

Munchbox	\$6.40
Crumbed Chicken Drumstick (free range)	\$3.70
Crumbed Chicken Nibbles	\$5.60
Design A Sandwich BEEF	\$4.00
Design a Sandwich CHICKEN (Free Range)	\$4.00
Design a Sandwich TUNA in Spring Water	\$4.00
Design A Sandwich VEGETARIAN	\$3.20
Design a Sandwich HAM	\$4.00
Round Roll Chicken Salad	\$4.00
Round Rolls Ham & Salad	\$4.00
Ham & Cheese Scroll	\$3.90
Vegetite & Cheese Scroll	\$3.60
Marmite Sandwich	\$3.00
Vegetite Sandwich	\$3.00
Ham & Pineapple Pizza Bread	\$4.00
Vegetarian Pizza Bread	\$3.50
Pita Crisps & Fresh Hummus	\$5.60
Green Salad (design your own)	\$4.70
Roasted Chicken & Green Salad (design yo...	\$5.70
Ham & Green Salad (design your own)	\$5.70

SUSHI

Onigiri with either Tuna or Chicken	\$4.30
3 x Chicken Avocado & Mayo Sushi	\$4.30
6 x Chicken Avocado & Mayo Sushi	\$8.00
3 x Fried Chicken Sushi	\$4.30

6 x Fried Chicken Sushi	\$8.00
3 x Salmon Avocado Sushi	\$4.30
6 x Salmon Avocado Sushi	\$8.00
6 x Fried Prawn Sushi	\$8.00
6 x Tuna, Avocado, Mayo Sushi	\$8.00
6 x Vegetarian Sushi	\$7.60
6 x Fried Crumbed Salmon Sushi	\$8.00
6 x Cream Cheese & Pineapple	\$8.00

VALUE PACKS

Vegetite Scroll, Choc Chip Cookie & Fresh Fruit	\$7.00
Ham Scroll, Choc Chip Cookie & Fresh Fruit	\$7.00
Vegetite Scroll & Fruit	\$5.30

SNACKS & DESSERTS

Yoghurt Large 225ml	\$3.30
Yoghurt Small 100ml	\$2.30
Popcorn Salted or Unsalted	\$1.50
Chocolate Brownie	\$2.40
Muffins	\$2.30
Weetbix Coconut Slice	\$2.00
Cakes and Cookies	\$2.00
Gluten Free Cookies	\$2.40
Fresh Fruit Salad	\$4.80
Apple	\$1.70
Banana	\$1.90
Fresh Sliced Pineapple	\$2.40
Grapes Fresh & washed	\$2.40
Pear	\$2.00
Kiwifruit	\$1.80
Orange Fresh & Quartered	\$2.00
Fresh Dates (4)	\$3.20
Carrot Sticks	\$1.80
Hummus	\$2.30
Colby/Edam Cheese	\$2.80
Free range Boiled Egg	\$1.70
Lime or Berry or Orange Jelly small	\$1.40
Pita Crisps Small Bag	\$2.70
Pita Crisps Large Bag	\$3.90
Pretzels	\$1.90
Vegetable Crisps	\$1.40
Lebanese Flat Bread	\$1.90

DRINKS

Water	\$2.90
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