

Sunnyhills School



17 The Crest, Pakuranga, Auckland | 5768031 | www.sunnyhills.school.nz | Principal: Mrs Justine Driver

30-04-2018

Dear Parents/Caregivers

In Week One of Term 2, on Monday & Friday from 12-12.30pm, we will be starting school cross-country practice runs. This will involve Years 4, 5 and 6 children. Cross Country is a valuable part of the Health and Physical Education strand of the curriculum and therefore we put a strong emphasis of full participation from our Kauri Whanua students.

All children must wear Sunnyhills P.E gear and suitable footwear. Suitable footwear means proper running shoes, students are not able to run in school shoes. While our school cross-country practice runs are to help us to select our interschool team, we encourage all students to participate fully giving their best effort in each practice run. The only people they are truly trying to better are themselves. We foster a Growth Mindset in everything we do.

If your child is unable to run on the day of a cross country practice a note must be sent to the classroom teacher. We acknowledge that cross-country training is not everybody's favourite activity. However, we firmly believe it is beneficial for all children to take part in Physical Education, if they are present at school.

We thank you in advance for your support with our school Cross Country.

John Macnaughtan

Team Leader Year 6